

## BiTs & pieces

Readings: 08<sup>th</sup> -14<sup>th</sup> June 2026

Monday .....	Mt 5:1-12
Tuesday.....	Mt 5:13-16
Wednesday.....	Mt 5:17-19
Thursday. <b>ST BARNABAS</b> .....	Mt 10:7-13
Friday. <b>THE SACRED HEART OF JESUS</b> .....	Mt 11:25-30
Saturday. <b>ST ANTHONY OF PADUA</b> .....	Mt 5:33-37

# Synod Prayer

We stand before You, Holy Spirit,  
as we gather together in Your name.

With You alone to guide us, make Yourself at home in our hearts;

Teach us the way we must go and how we are to pursue it.  
We are weak and sinful; do not let us promote disorder.

Do not let ignorance lead us down the wrong path  
nor partiality influence our actions.

Let us find in You our unity so that we may  
journey together to eternal life and not stray from  
the way of truth and what is right.

All this we ask of You, who are at work in  
every place and time, in the communion  
of the Father and the Son, forever and ever. Amen.



## NOTICES:

- 1) **ST ANTHONY FEAST:** Parishioners are invited to celebrate with them on the Feast of St Anthony Saturday 13th June, they will distribute bread after morning mass, mass will be at 08:00 am and the parish priest will burn the prayer petitions. St Anthony thanksgiving mass will be on the 14th June at 10H30 am mass, and they will distribute bread after mass.
- 2) **PILGRIMAGE 2027 :** You are warmly invited to join Fr JP Mathebula on a spiritually enriching pilgrimage to

Lourdes, Paris, Assisi, and Rome from 3–13 September 2027. This pilgrimage offers a unique opportunity for prayer, reflection, fellowship, and spiritual renewal as we visit some of the most sacred Christian sites in Europe, including the Grotto of Our Lady in Lourdes, the holy sites of Assisi, and the Vatican in Rome.

- ❖ **COST:** R55 200 per person (subject to change). For bookings and enquiries, please contact Omolemo Tours & Services on:  
❖ ☎ 079 751 6559 / 082 778 2841

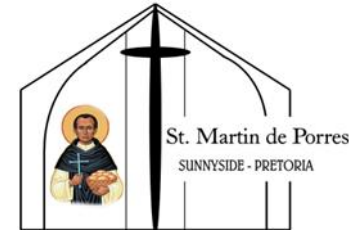
All are welcome. Come and experience this faith-filled journey.

### Meetings :

1. **La Voix des Anges (LVDA) :** Mon & Fri, 17H30
2. **St. Anthony Prayer Group:** Every Tuesday after the 8am Mass.
3. **Neo Catechumenal Way:** Tuesdays, 19H00
4. **French prayer group:** Wed, 18H00 – 19H30 & Sat 16H00 – 17H00
5. **St Cecilia:** Tues 18H00 & Sat 10H30 am
6. **Legion of Mary:** Sat 08h00
7. **Women's Group:** Every 2nd month on 1<sup>st</sup> Saturday for prayer and meeting after 10H30 mass.
8. **Sacred Heart:** Every 1st Sunday after 10H30 mass
9. **St Anne:** Every Thursday at 18H00
10. **Daughters of St Anne:** Every 2nd Sunday 09H00
11. **Bible Sharing Group:** Thursday's at 18H00
12. **Sons and Daughters of St Joseph:** Every 1<sup>st</sup> and 3<sup>rd</sup> Sundays after 8H00.

### Catechism classes:

- **Children & youth:** Sunday 09H00
- **Adults (RCIA):** Sunday 09H00



129 Celliers Street

Telephone/Fax: (012) 440-6190

Email: info@smdp-sunnyside.com

Website: www.saintmartindepores.co.za

Follow us on Facebook, Instagram & Tiktok

**St Martin de Porres Parish,  
Sunnyside Pretoria**

### Administration:

**Parish Priest:** Fr. John Paul Mathebula

Email: info@smdp-sunnyside.com

### Office Hours:

Tuesday & Fridays: 08:30 – 10:30  
Wednesday & Thursday: 16:30 – 18:30

### Parish Services

**Weekday Masses:** Tuesday to Friday: 08h00  
(First Friday at 17h30)

**Fridays – Exposition of the Blessed Sacrament:** 12h00 - 17h30.

**HOLY HOUR ADORATION:** Every First Thursday of the Month, immediately after the Morning Mass

**Sunday Mass:** 08h00 and 10h30

**FINANCE:** Pledge /Tithe Administrator

**Contact:** finance@smdp-sunnyside.com

### Banking Details:

Name: Sunnyside Catholic Church  
Bank: Standard Bank  
Account Number: 011512172  
Branch Number: 010645  
Ref: Pledge number or Surname

07<sup>th</sup> JUNE 2026

## THE SOLEMNITY OF THE BODY AND

### BLOOD OF CHRIST - YEAR A

**First Reading:** Deuteronomy 8:2-3.14-16

**Responsorial Psalm: Psalm 147**  
*O Jerusalem, glorify the Lord.*

**Second Reading:** 1 Corinthians 10:16-17

**Gospel Acclamation:**  
**ALLELUIA ALLELUIA**

*I am the living bread which come down from heaven, says the Lord, if any one eats this bread, he will live forever.*

**ALLELUIA**

**Gospel:** John 6:51-58

1. **Confessions:** Saturdays 17:00 – 18:00

2. **Infant Baptism:** Date will be communicated soon.

### LENTE TALKS SURVEY

Dear Parishioners, help us plan our upcoming Lenten Talks by completing a short survey. Please scan the QR code or use the survey link provided. Your input is valuable and appreciated. Thank you!



<https://forms.gle/j77Uqq22s99VSbux5>

## CORPUS CHRISTI, BODY AND BLOOD OF CHRIST



Of the greatest and most valuable treasures one could obtain in this world, nothing is more precious, more sacred, and more valuable than the **Most Holy Body and Blood, Soul and Divinity of Jesus Christ, our Sovereign and Eucharistic Lord**. Millions, billions, or even hundreds of trillions of dollars do not come close to the infinite value and transforming power of the Body and Blood of Christ. No amount of earthly wealth can buy happiness, but the Eucharist bestows it freely. No amount of money can purchase Heaven, but the Eucharist transforms you into a member of the Body of Christ Whom you consume, leading you to Heaven. At the end of our lives, when we stand before the Just Judge, we will realize the transforming power of this Gift. Those who adored Him and received Him faithfully in Communion will be forever grateful they did.

Human dignity demands that we show respect to one another, reverencing the presence of God in each person as a living tabernacle of the Lord. However, we do not bow down before God's presence in others, nor do we kneel before them in adoration and worship. In this world, the only One Whom we worship and adore, in hidden yet physical form, is our Lord Who is fully present in the Eucharist. The Eucharist is not only a fraternal meal we share with one another; it's a communion

with God Himself that unites us with Him. It is that union with God that also unites us with every other person who is united to God through the sharing of the Most Holy Eucharist.

At the celebration of the Eucharist, the past and the future are manifested in this present moment, this Eternal NOW. Through Christ, my past and my future become present in this Eternal NOW to be healed and transformed by the action of Jesus in the Christ event. As we contemplate the Christ event, the Last Supper and Crucifixion come together in the one 'eternal' moment. This is the Christ event at the centre of history... the birth, death, and resurrection of God of eternity with us, here and now within time and space... This is our threshold into eternity.

This is where we encounter the two that are really one and the same sacrifice. Not the same sacrifice repeated, but the one sacrifice, the table of the last supper is the cross. This is given to us as the Way, the process of divinization that heals and transforms our past to re-create our actions for the purpose of Good and re-directs our future in accordance with God's eternal plan, spoken by the Word. This mystery is proposed for our contemplation to show that the risen Christ walks among us and guides us toward the Kingdom of God. Today we manifest what Jesus has given us in the intimacy of the Last Supper, because the love of Christ is not confined to the few, but is intended for ALL, yes, all.

This Communion is stronger than all our little divisions, the com-union of God himself. The word 'communion', which we use to designate the Eucharist, sums up the vertical and horizontal dimensions of the gift of Christ. When we 'receive communion', the act of eating the bread of the Eucharist, we enter into communion with the very life of Jesus, from God, through Jesus, into u, a

unique communion is transmitted in the Holy Eucharist. When we recognise Jesus in the Blessed Sacrament, we come to recognise also our brother and sister who suffers, who is hungry and thirsty, who is a stranger, naked, sick, and imprisoned so that I may commit myself to their need. This is my share in the work of Christ, the work of redemption revealing the intrinsic dignity of the Christ image in creation.

From the gift of Christ's Love comes our special responsibility as Christians in building a more, just and fraternal society. This unity will not be built without God, without true Love. Because we identify ourselves as members of one family, the same body, the body of Christ, we learn from the Sacrament of the Altar that communion, Love is the path of true justice ... speaking blessing into and upon all creation across time and space. When Jesus says: "This is my body which is given to you, this is my blood shed for you and for all", He accepts his passion out of love, with its trial and its violence, even to death on the cross and by accepting it in this way he transforms it into an act of self-giving Love.

This is how God continues to renew humanity, history, and the cosmos through this chain of transformations, of which the Eucharist is the sacrament. Through the consecrated bread and wine, in which his Body and Blood are truly present, Christ transforms us, assimilating us in him. He involves us in his redeeming work, enabling us, by the grace of the Holy Spirit, to live according to his same logic of gift, like grains of wheat united with and in Christ.

**"I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world." John 6:51.**

## NOVENA TO THE SACRED HEART OF JESUS

### DAY 5

**In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**

O my Jesus, you have said: "Truly I say to you, ask and you will receive, seek and you will find, knock and it will be opened to you."  
Behold I knock, I seek and ask for the grace of...

**(Mention your Intention Here)**

Sacred Heart of Jesus, I place all my trust in you.

O my Jesus, you have said: "Truly I say to you, if you ask anything of the Father in my name, he will give it to you." Behold, in your name, I ask the Father for the grace of...

**(Mention your Intention Here)**

Sacred Heart of Jesus, I place all my trust in you.

O my Jesus, you have said: "Truly I say to you, heaven and earth will pass away but my words will not pass away." Encouraged by your infallible words I now ask for the grace of...

**(Mention your Intention Here)**

Sacred Heart of Jesus, I place all my trust in you.

O Sacred Heart of Jesus, for whom it is impossible not to have compassion on the afflicted, have pity on us miserable sinners and grant us the grace which we ask of you, through the Sorrowful and Immaculate Heart of Mary, your tender Mother and ours.

Amen.

**In the name of the Father, and of the Son, and of the Holy Spirit. Amen...**